

# You're Invited!



**Lee Gerdes**, inventor of Brain State Technology, will lecture at Vancouver Island Technology Centre in the Business Centre Conference Room located at 4464 Markham St. on Saturday, June 26th. The seminar will run from 10:00 to 12:00 noon, with free admission.

Lee Gerdes is the CEO of Brain State Technologies and author of "Limitless You: The Infinite Possibilities of a Balanced Brain". Gerdes will outline how people have ended addictions, rid themselves of depression, become focused enough to achieve high profile success in life & business, and how children with ADD/ADHD have been able to rebalance their energies, all with the assistance of brain training. It has been demonstrated that this method can often contribute to relief with post-traumatic stress disorder, anxiety, depression, sleep disorders, dementia and many more of life's challenges.

The technology Gerdes has invented is related, in many ways, to the sciences of Biofeedback and Neurofeedback. The success of the method is based on the simple, yet powerful concept that the human brain has the ability to rewire itself when it is given feedback about its own dysfunction. Put in its simplest terms, brainwave patterns are measured in order to determine where the neural activity is too high or too low. Then, RealTime Balancing is employed to bring the brain back into balance and harmony with itself. From war veterans to young moms, many people find some relief for a myriad of symptoms when incorporating brain training. The technology has been featured in newscasts throughout North America, and has prompted a discussion board on Oprah.com after being mentioned in O Magazine.

Date: Saturday, June 26th

Time: 10 am to Noon (Seating will be on a first-come, first-served basis.)

Where: Conference Room, Business Centre, Vancouver Island Technology Park  
#2201 - 4464 Markham St., Victoria, BC

For further information, please call Dr. Susan Simpson, Director,  
Valentus Clinics at 250-590-5090.

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